



# **HOUSTON FIRE DEPARTMENT**

## **MEDIA ALERT**

### **EMERGENCY MEDICAL SERVICES**

*Saving Lives and Protecting Property*

**FOR IMMEDIATE RELEASE**

**DATE: 2.16.2005**

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**713-495-4227**

## **HFD Firefighter Paramedic Captain to Speak on Career Challenges**

***Today, 3:10 p.m. to 4:10 p.m., Wednesday, February 16, 2005 @ Aldine Senior High School***

**WHAT:** HFD Firefighter Paramedic Capt. Karen DuPont will speak about careers in the Houston Fire Department to Aldine Senior High School students for the Texas Executive Women's "Ladies of Distinction" Program.

Capt. DuPont topics include:

1. Equipment carried on an ambulance
2. Airway Management: what to do when someone has signs of inadequate breathing
3. Firefighter gear

Capt. DuPont has 15 years of experience with HFD. She is currently assigned to the HFD EMS Division in the Infection Control section; she also serves as the HFD City of Houston Council Liaison. A Girl Scout leader and active in her church, Capt. DuPont resides in Spring, Texas with her husband Marc DuPont and their three children.

**WHEN:** Today, 3:10 p.m. to 4:10 p.m., Wednesday, February 16, 2005

**WHERE:** Aldine Senior High School, 11101 Airline Drive at West Road Houston, TX 77037-1183;

Directions: Take I-45 towards Intercontinental Airport. Exit at West Road (before Beltway 8) and turn right onto West Road. Go past the first light after the freeway. Enter the second driveway and park in the teacher's parking lot. Enter the building through that side door. The school's telephone number is 281-448-5231. See:

[http://www.alldine.k12.tx.us/district\\_info/maps/specific\\_map.cfm?Campus=Aldine](http://www.alldine.k12.tx.us/district_info/maps/specific_map.cfm?Campus=Aldine)

**DETAILS:** Texas Executive Women has sponsored the Ladies of Distinction program at Aldine Senior High School since 1996. The focus is to present young women with varied career opportunities and to act as mentors to help the girls determine what they want to pursue as a career, and how to obtain the necessary education to achieve that goal. A cornerstone of the Ladies of Distinction program is that each student commits to perform a minimum of 50 hours of community service in her neighborhood each year. Many of the students give many more hours of service above the minimum, usually a total of 5,000 hours each year. See: <http://www.tewhouston.org/mentoring.htm>